



Naturopathic Institute 2022 / 2024: Class and Lab Dates Therapeutic Bodywork Program and Holistic Labor Companion Program

Program Class Dates 1/10/2024

Classes meet Friday 5:00 p.m. – 9:00 p.m., Saturday & Sunday 9:00 a.m. – 6:00 p.m.

*Lab weekends meet Friday 5:00 p.m. – 9:00 p.m., and Saturday & Sunday 8:00 a.m. – 6:00 p.m.

First six classes and their labs must be taken consecutively as listed.

Therapeutic Bodywork Program	Blue		Sapphire		Chicory	
	Class	Lab*	Class	Lab*	Class	Lab*
#1 Beginning Bodywork & Ethics	August 11 – 13, 2023	August 25 – 27, 2023	Jan 12 – 14, 2024	Jan 26 – 28, 2024	August 2 – 4, 2024	August 23 – 25, 2024
#2 Therapeutic Techniques & Anatomy	Sept 8 – 10, 2023	Sept 22 – 24, 2023	Feb 9 – 11, 2024	Feb 23 – 25, 2024	Sept 6 – 8, 2024	Sept 20 – 22, 2024
#3 Anatomy / Pregnancy and Infant Massage	Oct 13 – 15, 2023	Oct 27 – 29, 2023	March 15 – 17, 2024	March 22 – 24, 2024	Oct 11 – 13, 2024	Oct 25 – 27, 2024
#4 Assessment & Adv. Techniques / Business	Nov 10 – 12, 2023	Nov 17 – 19, 2023	April 12 – 14, 2024	April 19 – 21, 2024	Nov 8 – 10, 2024	Nov 22 – 24, 2024
#5 Specialized Techniques	Dec 8 – 10, 2023	Dec 15 – 17, 2023	May 10 – 12, 2024	May 31 – June 2, 2024	Dec 6 – 8, 2024	December 20 – 22, 2024
#6 Integrative Massage & Lymph Techniques	Jan 5 – 7, 2024	Jan 19 – 21, 2024	June 7 – 9, 2024	June 21 – 23, 2024	Jan 3 – 5, 2025	Jan 17 – 19, 2025
Beginning Essential Oils	Feb 2 – 4, 2024	No Lab	July 12 – 14, 2024	No Lab	Feb 7 – 9, 2025	No Lab
CranioSacral Bodywork	Feb 16 – 18, 2024	March 1 – 3, 2024	July 26 – 28, 2024	Aug 9 – 11, 2024	Feb 21 – 23, 2025	March 7 – 9, 2025
Meridian Work and Light Healing Touch	March 15 – 17, 2024	April 5 – 7, 2024	Aug 23 – 25, 2024	Sept 6 – 8, 2024	March 21 – 23, 2-25	April 4 – 6, 2025
Reflexology	April 26 – 28, 2024	May 10 – 12, 2024	Oct 4 – 6, 2024	Oct 18 – 20, 2024	May 2 – 4, 2025	May 16 – 18, 2025
Nutrition	Oct 6 – 8, 2023	No Lab	March 8 – 10, 2024	No Lab	Oct 4 – 6, 2024	No Lab
Body Systems / Anatomy / Physiology	August 4 – 6, 2023	No Lab	Jan 5 – 7, 2024	No Lab	August 9 – 11, 2024	No Lab
Holistic Bodywork *	June 14 – 16, 2024	June 28 – 30, 2024	Nov 1 – 3, 2024	Nov 15 – 17, 2024	May 30 – June 1, 2025	June 13 – 15, 2025
Advanced Oils *	May 31 – June 2, 2024	No Lab	Sept 20 – 22, 2024	No Lab	April 11 – 13, 2025	No Lab
Final Exam *	July 19 - 21, 2024		Dec 13 – 15, 2024		July 18 – 20, 2025	
* Prerequisites must be completed before attending these sessions.		Graduation 7/21/24	Graduation 12/15/2024		Graduation 7/20/2025	

Holistic Doula Companion Program	Citrine	Yarrow	Yellow
Nutrition	Oct 6 – 8, 2023	March 8 – 10, 2024	Oct 4 – 6, 2024
Herbs and Muscle Response Testing	Nov 10 – 12, 2023	April 19 – 21, 2024	Nov 8 – 10, 2024
Miracle of Pregnancy	Jan 12 – 14, 2024	May 3 – 5, 2024	Dec 6 – 8, 2024
Miracle of Birth*	Feb 23 – 25, 2024	June 21 – 23, 2024	Jan 2 – 5, 2025
Miracle of Newborn*	April 19 – 21, 2024	August 16 – 18, 2024	March 7 – 9, 2025
Beginning Essential Oils	Feb 2 – 4, 2024	July 12 – 14, 2024	Feb 7 – 9, 2025
Summary Final Exam	June 14 – 16, 2024 Graduation 6/16/2024	October 11- 13, 2024 Graduation 10/13/2024	May 16 – 18, 2025 Graduation 5/18/2025

* Program prerequisites must be completed before attending these sessions.

CONTACT INFORMATION
 Naturopathic Institute of Therapies and Education
 503 E Broadway St., Mt. Pleasant, MI 48858
 Phone: (989) 773-1714 Fax: (989) 775-7319
www.naturopathicinstitute.org
contact@naturopathicinstitute.org
Tours available upon request!