# Uttati Essential Oils



**VTTATI International Inc.** offers only the purest forms of essential oils produced under time-proven optimum conditions. They are not adulterated or

diluted in any way. They contain no additives, extenders, or preservatives of any kind. These pure oils are the result of the collective wisdom, skill, and artistry of our family network in Egypt, which has been dedicated for generations to the production of the highest quality aromatic oils possible.

# HERBS, ETC. 503 E. Broadway Mt. Pleasant, MI 48858 (989) 773-3636

# COSMETIC BLENDS

- **NATURALLY HAIR** This unique blend contains 14 oils which permeate the scalp and support the body systems that are integral in the vitality and growth of hair. Neroli stimulates cellular regeneration in the deep layers of the dermis. Basil, rose, and cedarwood enhance the effects of neroli. Parsley, clary sage, and a chamomile blend support the related body systems. Add this custom blend sparingly to shampoo as a preventive or therapy. Add several drops to a conditioner and leave on scalp for a few minutes for a more intense therapeutic effect.
- **WRINKLES AWAY** This blend is for stimulating cellular regeneration, rejuvenation, and restoring skin vitality. Add sparingly to body lotions and facial crèmes. Chamomile is the most potent therapeutic oil in this 8-oil blend. The synergy of chamomile combines with lavender, geranium, rose, and lemon to intensify and accelerate the effects of this wonderful formula.

# EGYPTIAN AROMATHERAPY BLENDS

- **AB** This Egyptian amulet represents the heart, the seat of life's power. Musk is the key ingredient in this 9-oil blend. Musk is recognized by many healing traditions for its ability to support the heart and its functions.
- **AHAT –** This 9-oil blend supports circulation and helps maintain body temperature in cold weather. It can be diffused. Peppermint, in combination with patchouli, basil, eucalyptus, cypress, and lemon work synergistically to form the core of this comforting blend.
- **ANKH** This is a sacred Egyptian amulet which symbolizes the power of life. As a symbol, Ankh is included in the hieroglyphics for health and happiness. This powerful blend enhances various vital functions, including clearing and strengthening the respiratory system and promoting positive thinking.
- **HORUS** This blend energizes and strengthens the vital force for long-term therapeutic effects. It also helps clear and energize the mind.
- **IMHOTEP** Imhotep was the ancient Egyptian god of medicine and an appropriate name for this master blend. It stimulates and reinforces detoxification and immune functions.
- **MENAT** This therapeutic blend of 14 potent oils stimulates and assists the functions of the lymphatic system and helps restore balance. Bergamot, cypress, geranium, and nutmeg support the chemical balancing effects of lemon. Use on the finger tips and toes.
- **TJET** This knot of Isis represents the feminine energies and the power of giving life. This therapeutic blend of 14 oils supports the proper functioning of the female organs and glands. Jasmine and narcissus create the most potent effects which are further enhanced by the addition of bergamot, cypress, geranium, and nutmeg.
- **UDJAT** This amulet represents the eyes of Horus offering protection, strength, and health. This blend of 13 oils stimulates for energy and vitality—a real eye-opener! Mint, bergamot, and lemon contribute to the therapeutic effects.
- **URS** The oils in this blend are potent for mental focus, alertness, and concentration. Use sparingly, especially when diffused. Start with a 15-minute diffusion and evaluate response. It can be used to enhance office productivity.

#### MASSAGE BLENDS

- **BALANCING** This blend assists in harmonic balancing physically and emotionally. A blend of 9 oils with mandarin and myrrh playing the critical roles, it also promotes hemispheric balancing. Frankincense and geranium support these functions.
- **EMOTIONAL RELEASE** The subtle energies of this blend assist in the release of negative energy in times of emotional distress and trauma.
- **ENERGY BOOSTER** The stimulating effects of this blend stimulate and enhance mental alertness and body functions. It is an excellent choice for a stimulating massage.
- **DEEP RELAXATION** The oils in this blend penetrate tissues deeply for a powerful response. They assist in oxygen uptake and toxin release which is necessary after physical exertion and in cases of exhaustion. They also promote deep sleep and gentle dreaming. Lavender, orange, frankincense, and sandalwood add their individual soothing and calming effects to this complex blend of 13 oils. Vetivert supports the remaining oils and adds depth.
- **QUIET MIND** The oils in this blend are formulated to still mental chatter. They create a sense of calmness and clarity.
- **RELAXATION** This blend is similar to DEEP RELAXATION but has a lighter effect.
- **STRESS RELIEF** Subtle vibrations in this blend are calming and assist in releasing nervous tension and stress. The core of this 13-oil blend is lavender along with a combination of orange and sandalwood. Mandarin boosts the energy of these three oils.
- **TONING** The combination of oils in this blend provides overall strengthening of the body and specifically the muscular system. It is oxygenating and detoxifying. This is a very complex synergy of 18 oils. Nutmeg and peppermint are the primary ingredients. Lavender, jasmine, and patchouli provide the next level of support.

#### ENVIRONMENTAL BLENDS

- **ALLURE** A sophisticated blend with aphrodisiac properties to prepare the bedroom for a romantic evening. Ten oils create a unique sensual effect.
- **CITRUS AIR FRESHENER** This custom blend of 9 oils has potent disinfectant and deodorizing properties. Amber, clove, patchouli, and citrus oils create a fruity alchemy of aromas.
- **FLORAL AIR FRESHENER** Cinnamon provides the base and balance for this complex 13-oil combination. This scent is appealing to men as well as women.
- **RDD** Myrrh, lavender, cypress, and patchouli bring their anti-bacterial and anti-fungal properties to this antiseptic blend of 12 oils. This blend has a pleasant, non-medicinal fragrance.

## SPORTS & SPA BLENDS

- **CALMING BATH** Designed to create a state of calmness and relaxation, not sleepiness. Chamomile, cypress, and lavender are the primary ingredients in this soothing 12-oil formula.
- **FATIGUE RELIEF BATH** Spearmint, peppermint, and coriander are the core of this complex blend of 17 oils. Lavender, clove, and eucalyptus amplify their effects. Feel muscles relax and the body be refreshed as this reviving blend works in the bath.
- **RESILIENCE** This blend includes oils with anti-rheumatic properties. It helps reduce muscle and joint soreness from physical exertion as well as more chronic conditions.
- **RESTFUL SLEEP BATH** In this formula, the combination of lavender with nutmeg, sandalwood, marjoram, rose, chamomile, and parsley promotes sleep. When ready for bed, use this blend in the bath to help release the worries and problems of the day.
- **RESCUE** The oils in this blend help reduce pain and heal damaged tissue. Can be used topically on bruised tissue. Works well in hot or cold compresses.
- **SAUNA** The powerful effects of eucalyptus, peppermint, and clary sage create a perfect compliment for sauna or steam bath. They help increase circulation and assist in skin detoxification by increasing perspiration. Never use in excess of 3 or 4 drops. Not for use in the bath.
- **WIND-DOWN** After a lengthy competition or demanding athletic activity, this potent blend combats the effects of physical exhaustion and exertion.
- **FUGACIA** The anti-fungal properties of this blend work in conjunction with the immune system to help repel and protect against parasitic invaders.

**FUGATIO** – The fungicidal properties of this blend are stronger than Fugacia for strengthening and supporting immune responses for eradication of fungal invaders.

#### MEDITATION BLENDS

- **CHAKRA SET** This set of 7 dynamic oil blends are based on ancient Egyptian wisdom, spiritual traditions, and artistry. Each blend stimulates and balances its corresponding chakra.
- **MEDITATE** A spiritual blend designed to quiet the mind and promote a relaxed state physically, mentally, and emotionally.
- **SAMSARA** This blend supports the integration of body, mind, and spirit when engaging in activities such as Yoga, Tai Chi, and the martial arts.

## EGYPTIAN PERFUME BLENDS

**ARABIAN KNIGHTS** – Warm the night with this invitation to intimacy. Equally suitable for wear by men or women.

- **CELEBRATION** For an evening of exhilarating and sensual encounters, this blend is appropriate for men and women.
- CLEOPATRA Evoke the essence of this artful seductress by wearing this beautiful blend.
- CLEOPATRA'S SECRET Although a lighter scent than Cleopatra, its effects are more potent and straight-forward.
- **HATSHEPUTS** This blend identifies with the executive woman and her projection of self-confidence in the workplace.
- **NEFERTITI** Namesake perfume of the Queen of ancient Egypt, this blend entices with the essence of exotic beauty and sensual intrigue.
- **OMAR KHAYAM** Identifies the wearer as a sensitive man willing to build a romantic relationship slowly and thoughtfully.
- **QUEEN OF EGYPT** Regal blend that evokes images of the feminine beauty and power of ancient Egyptian dynasties.
- SECRET OF THE DESERT For sensual immediacy with your special loved one.
- TUT ANKH AMUN This luxurious blend will command the undivided attention of your companion.

## ATTRACTION BLENDS

- **FORMULA #1** This blend will help to invigorate a physical response. In other words, if there is a lull in sexual activity, then this is the blend for you.
- **FORMULA #2** When the relationship has become more physical than emotional, use this blend to reconnect at the heart.
- **FORMULA #3** Prolonged use of any one aphrodisiac dulls the stimulating effects on the body. By periodically interrupting the use of your main oil with this blend, you allow its qualities to be extended and enhanced.
- FORMULA #4 This blend will help to create feelings and a sense of security. If you have had some not-so-good sexual experiences, this blend of oils will help you to heal so that you are able to have great physical experiences!
- **FORMULA #5** This is known as the "pure attraction" blend. In other words... if you want to get noticed by that special someone, go ahead and try this. *Caution: This blend may attract more than just that special someone, so be careful where, when, and around whom you wear it!*