



NATUROPATHIC PROGRAM INTERNSHIP REQUIREMENTS

Purpose: To collect experiences that will further your ability to council and educate clients.

A total of **200 hours** is required for graduation from the fourth year Naturopathic Program.

Core Requirements (150 Hours)

- 100 hours of Naturopathic Case-taking and Consultation
- 15 hours of Business/Office/Retail Management at a Natural Health Facility
- 10 hours of Outdoor Naturopathy (i.e. herbal identification, gardening, etc.)
- 10 hours of Allopathic Medicine*
- 5 hours of CPR/First Aid Training
- 5 hours of Marketing/Promotion
- 5 hours of Natural Health Political Awareness

* Students with extensive medical background (i.e. nursing) will not be required to do 10 hours of Allopathic Internship as part of their 200 total hours required and should substitute with 10 hours of additional activities as found below.

Remaining 50 Hours: May include but is not limited to the following activities:

- Naturopathic case-taking and consultation – Limit 50 hours in addition to 100 above
- Business/Office/Retail Management at a Natural Health Facility – Limit 20 hours in addition to 15 above
- Outdoor Naturopathy – Limit 10 hours in addition to 10 above
- Allopathic Medicine – Limit 20 hours in addition to 10 above
- CPR/First Aid training – Limit 10 hours in addition to 5 above
- Marketing/Promotion – Limit 10 hours in addition to 5 above
- Homeopathic case-taking and consultation – Limit 20 hours
- Chiropractic consultations – Limit 10 hours
- Bodywork therapies (massage, craniosacral, etc.) – Limit 10 hours
- QXCI and other evaluation software – Limit 10 hours
- Emergency or Urgent Medical Care – Limit 10 hours
- Naturopathic seminars, pre-approved by the Director of Education – Limit 20 hours
- Work with a Master Gardener – Limit 20 hours
- Food Preparation and Healthy Eating Classes – Limit 10 hours
- Doula or Midwife observation – Limit 10 hours
- Hospice or Death and Dying Situations – Limit 10 hours
- Therapies Received (colonics, craniosacral, etc.) – Limit 10 hours, 1-hour per therapy
- Other as approved by the Director of Education – Limit 10 hours

You are welcome to spend more time in any of the above areas that interest you; however they cannot count toward your 200-hour total.



Recommended people to shadow:

Bessheen Baker 989-773-3636
(Naturopathic consultations)

Amy Jo Howard 989-773-3636
(Naturopathic consultations, homeopathic casetaking, bodywork therapies)

Kathryn Doran-Fisher purelightnht@hotmail.com
(Outdoor naturopathy, food preparation, marketing/promotion, naturopathic consultations, bodywork therapies)

Jackie Featherly 989-427-5046
(Naturopathic consultations, business management)

Nicole Paquin 734-216-7564
(Naturopathic consultations, business management, outdoor naturopathy, food preparation)

Jan Doerr dankoerr@aol.com or www.oiltoheal.com
(Essential oil blending and layering, naturopathic consultations, bodywork therapies, business management)

Beth Barbeau 734-807-9909 or beth@visitindigo.com
(Business management, doula or midwife observation)

Dara Clark cnclark_99@yahoo.com
(Bodywork therapies, Outdoor naturopathy, food preparation)